



Bizweni Church

## Find The Joy

### scripture for week 2

Nehemiah 8:10b

“Do not grieve, for the joy of the Lord is your strength.”

### message for the week

It is not easy to control our emotions. We are created with a body, soul and spirit. The more time we spend abiding in God's Word, the stronger our spirit becomes and as our spirit grows and strengthens, we are able to rule over our soul and flesh, and thereby, better control our emotions.

If you've been struggling with emotions, ask God to show you His Joy in His Word.

### activity for the week

This week we are going to make a face with changing emotions.

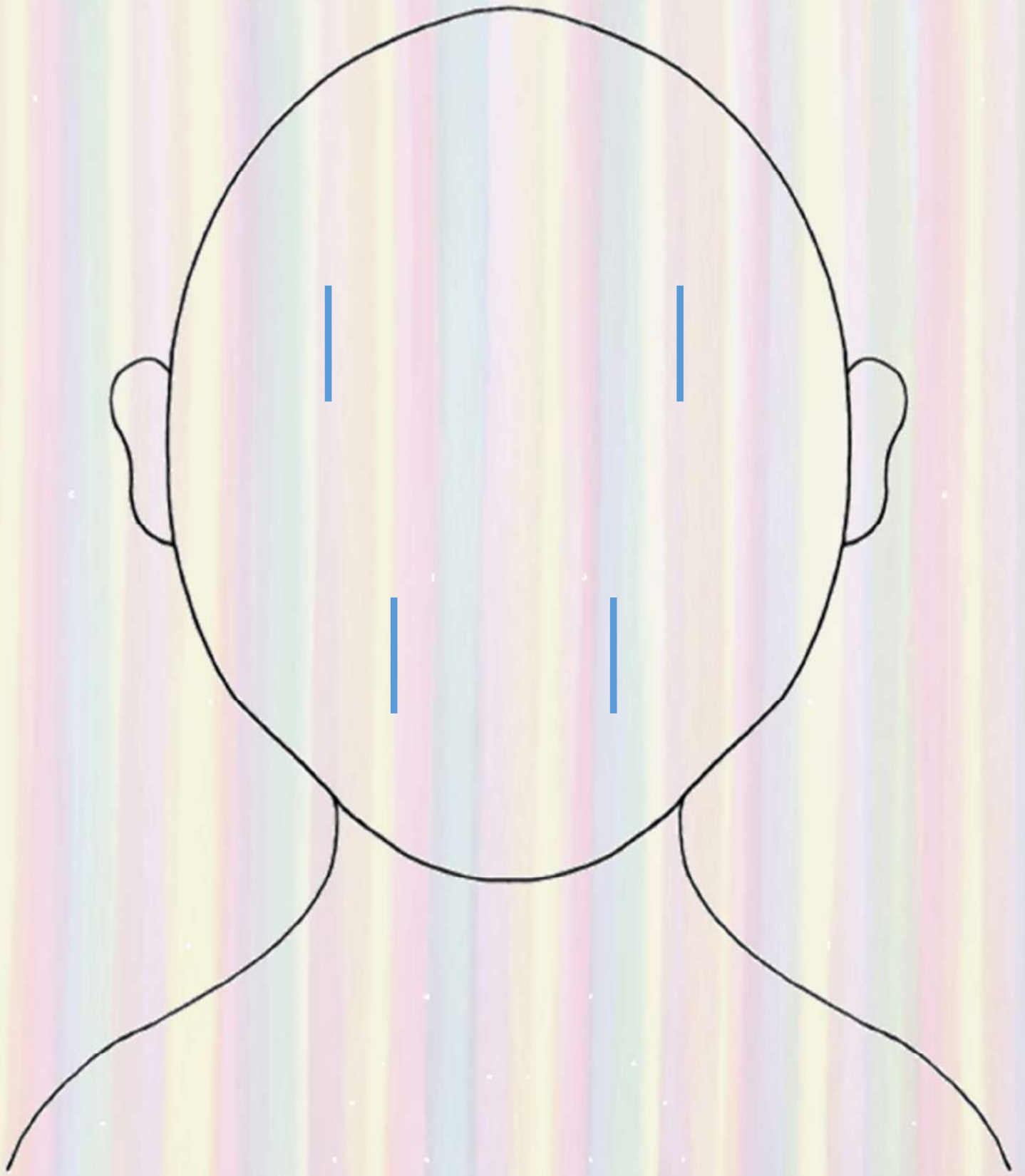
You can print the template that we've provided, or you can simply draw your own one.

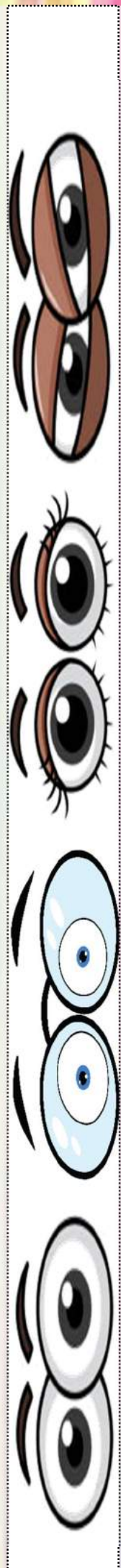
Add the detail of your face to the drawing but leave out the eyes and mouth.

On your drawing, cut along the blue slots for the eyes and mouth, then insert the sliders for eyes and mouth from the back. Slide them across to change the faces and emotions.



KINGDOM KIDS





Cut sliders out along the dotted lines

